



ELEVATE YOUR GAME

at our Summer Basketball Camps

FOR BOTH BOYS & GIRLS

Don't miss the hottest local basketball camps this summer!

Camps are for boys and girls in grades 3-10 and are based on the 2024-2025 school year.
Grades 3-5: 8:30am - 10:30am • Grades 6-7: 10:30am - 12:30pm • Grades 8-10: 10:30am - 12:30pm

HANDLEZ & PURE SHOOTING CAMP

CAMP #1

June 3rd-6th » RCTC Performance Courts

June 17-18-20-21 » RCTC Performance Courts

CAMP #2

The Handlez ball handling portion of camp is to develop mastery of basic to advanced moves and improve dribbling instincts in competitive situations. The Pure Shooting is designed to develop a solid foundation for shooters from floor to finish. This shooting portion is based on intense repetitive movements that build fine motor skills needed to be a great shooter from beginners to advanced.

REGISTER

SKILLS TO SCORE CAMP

CAMP #1

June 24th-27th » RCTC Performance Courts

July 15th-18th » RCTC Performance Courts

CAMP #2

This camp is designed help players become an offensive threat that can score in multiple ways. Players take their skills to score and apply them to game situations. Players learn how to make strong and efficient moves to the basket, scoring off screens, and reacting to the defense etc...

REGISTER

ELITE DRILL & PLAY CAMP

August 12th-15th » RCTC Performance Courts

This camp will focus on the skills to become a complete player on both ends of the court offensively and defensively. Players will learn both offensive and defensive concepts in breakdown drills then apply them to scrimmage situations (1x1, 3x3, 4x4, 5x5)

REGISTER

At all camps, players are grouped by ability. Bring your own basketball and water bottle. T-shirt included.

FOR MORE
INFORMATION
CONTACT:

joe@ohmsportsacademy.com
507-993-0528
ohmsportsacademy.com
Rochester, MN

These camps are a great opportunity for teammates to improve their overall game together!

